

Biological Sex / Anatomical Sex¹



Sex (sometimes called biological sex, anatomical sex, or physical sex) is comprised of things like genitals, chromosomes, hormones, body hair, and more. But one thing it's not: gender.

1. Biological Sex or Anatomical Sex. Image available in: <http://bit.ly/2wORRI1>.

¹ <https://www.genderbread.org/>

Gender Identity²

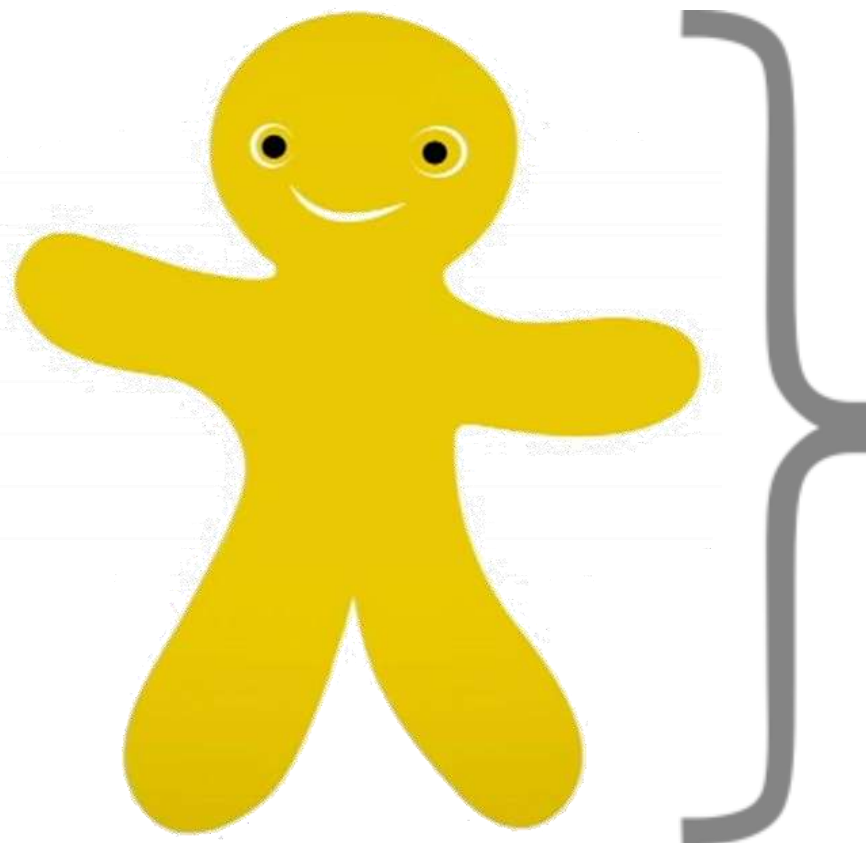


Your psychological sense of self. Who you, in your head, know yourself to be, based on how much you align (or don't align) with what you understand to be the options for gender.

2. Gender Identity. Image available in: <http://bit.ly/2huU4Ot>.

² <https://www.genderbread.org/>

Gender Expression³



The ways you present gender, through your actions, clothing, demeanor, and more. Your outward-facing self, and how that's interpreted by others based on gender norms.

3. Gender Expression. Image available in: <http://bit.ly/2jVYgem>.

³ <https://www.genderbread.org>

Sexual Orientation / Attraction⁴



Like sex, attraction isn't really a component of gender. However, we often conflate sexual orientation with gender, or categorize the attraction we experience in gendered ways.

4. Sexual Orientation / Attraction. Image available in: <http://bit.ly/2k0PsUO>.

⁴ <https://www.genderbread.org>